

Progressive Academy of Dance

Class Schedule / 2025-2026



Time	Room 1 (Rainbow Room)	Time	Room 2 (Pink Room)	Time	Room 3 (Blue Room)
MONDAY					
4:45-5:30	Level 1 Pointe	4:00-4:30	Tiny Tots 1	4:45-5:30	Boys Hip Hop
5:30-6:30	Level 4 Ballet	4:45-5:45	Combo 1	5:30-6:15	Level 2 Pointe
6:30-7:15	Level 4 Jazz	6:00-6:45	Preschool 1	6:15-7:30	Level 5 Ballet
7:15-8:00	Level 2 Contemporary	6:45-7:30	Level 2 Tap	7:30-8:30	Level 5 Jazz
				8:30-9:15	Level 3 Contemporary
TUESDAY					
5:45-6:45	Level 1 Acro	4:00-4:45	Preschool 2	5:00-5:45	Level 2 Hip Hop
6:45-7:45	Level 2 Acro	4:45-5:45	Combo 2	5:45-6:30	Level 1 Hip Hop
7:45-8:45	Level 3 Acro	5:45-6:30	Level 1 Street Jazz	6:30-7:15	Level 3 Hip Hop
		6:30-7:15	Level 2 Street Jazz	7:15-8:00	Level 4 Hip Hop
WEDNESDAY					
4:45-5:15	Level 1 Ballet	10:00-10:30	Tiny Tots 2	4:30-5:30	Dance Team Tech
5:15-5:45	Level 1 Jazz	5:00-5:30	Tiny Tots 3	5:30-6:15	Level 2 Jazz
5:45-6:30	Level 3 Ballet	5:45-6:15	Level 1 Tap	6:15-7:00	Level 2 Ballet
6:30-7:15	Level 3 Jazz	6:30-7:15	Level 3 Tap	7:00-7:45	Level 1 Contemporary
7:15-8:15	Level 4 Acro				
THURSDAY					
6:00-6:45	Intro to Hip Hop				
FRIDAY					
5:45-6:30	Intro to Acro				
SATURDAY					
		9:00-9:45	Preschool 3		
		9:45-10:45	Combo 3		

Tiny Tots / 2.5-3 years
Preschool / 4-5 years
Combo / 5-7 years

Level 1 Ballet / 6-8 years
Level 2 Ballet / 7-10 years
Level 3 Ballet / 9-12 years
Level 4 Ballet / 10-14 years
Level 5 Ballet / 12 years and up

Prepointe / 9-11 years (per recommendation by Teacher)
Pointe / 11 years and up (eval required)

Level 1 Street Jazz / 9-12 years
Level 2 Street Jazz / 13 years and up

Level 1 Jazz / 6-8 years
Level 2 Jazz / 7-10 years
Level 3 Jazz / 9-12 years
Level 4 Jazz / 10-14 years and up
Level 5 Jazz / 12 years and up

Level 1 Contemporary / 7-10 years
Level 2 Contemporary / 10-13 years and up
Level 3 Contemporary / 13 years and up

Intro to Hip Hop / 5-7 years
Level 1 Hip Hop / 7-10 years
Level 2 Hip Hop / 9-12 years and up
Level 3 Hip Hop / 10-13 years and up
Level 4 Hip Hop / 13 years and up

Intro to Acro / 4-6 years
Level 1 Acro / 6-9 years
Level 2 Acro / 9-12 years (skill based)
Level 3 Acro / 10 years and up (skill based)
Level 4 Acro / 10 years and up (skill based)

Level 1 Tap / 6-9 years
Level 2 Tap / 8-11 years and up
Level 3 Tap / 10 years and up